



N o v a I n V i t r o F e r t i l i z a t i o n

Prerequisites Intrauterine Insemination - IUI

There are very few prerequisites needed. You could complete them within a couple of weeks and be ready to start your treatment cycle.

It may be possible to reduce the cost of your prerequisites by combining two or more prerequisites into a single office visit at Nova IVF. The prerequisites are usually considered a diagnostic part of the treatment and many times your insurance company may cover a portion or most of the cost. Some prerequisites can be done by your regular OB/GYN.

Once you have had your initial consultation, you will need to complete the following prerequisites:

Physical Examination

A brief physical examination is done together with a pelvic ultrasound. These are ideally done at the time of the initial consultation to reduce treatment cost.

Pathogen Testing

This testing is required by the State of California. The male partner must be tested for Hepatitis B-Surface Antigen, Hepatitis C-Antibody, HIV I&II, HTLV I&II and RPR. If any of these tests were done within the last 12 months, they do not need to be repeated.

Ovarian Reserve Testing

Oocyte (egg) quality is one of the determining factors of a successful treatment. We use reproductive hormone assay (RHA) to assess the likelihood that normal eggs can be produced.

Follicle stimulating hormone (FSH) and estrogen blood levels are measured in the RHA. FSH stimulates the ovaries to produce eggs. If the ovaries cannot produce normal eggs, the FSH level increases. Estrogen production by the ovaries influences the FSH secretion and is also related to the quality of the eggs.

Most women will have a normal reproductive hormone assay result. An abnormal result does not mean absolutely that you cannot get pregnant with your own eggs and we typically recommend repeating the test up to three times.

Semen Evaluation

The male partner will need to have a semen test done at Nova IVF *prior* to the beginning of treatment to determine the best laboratory method of preparing sperm for intrauterine inseminations.

If you need any clarification or additional information, please give us a call or email us.